

HOW DO I KNOW IF I NEED PEP?

PEP, also known as post-exposure prophylaxis, is medicine that can stop HIV from taking hold in your body if taken within 72 hours of possible exposure to the virus. Follow these 3 steps to see if you may need PEP:

STEP 1

Did any of these events take place?

- Had anal or vaginal sex without a condom with a partner of unknown HIV status or a partner with HIV who is not virally suppressed
- Condom broke or slipped off during sex
- Shared needles, syringes, or other equipment used to inject drugs
- Were sexually assaulted/raped

STEP 2

If yes, contact a healthcare provider immediately.

Contact your healthcare provider immediately or go to an emergency room or urgent care clinic right away. They can help you decide if PEP is right for you. You can also call or text the Granite State PrEPConnect line for help at 603-271-5002.

STEP 3

Consider PrEP.

If you test negative for HIV, consider PrEP. PrEP, or pre-exposure prophylaxis, is medicine people at risk for HIV take to prevent getting HIV from sex or injection drug use. Call or text the Granite State PrEPConnect line (603-271-5002) and ask about PrEP.

